

TOBACCO-FREE COALITION

of Lancaster County



Fact Sheet 14—Tobacco Facts

- Tobacco smoke contains more than 4,000 chemicals, 60 at least are carcinogenic.
- Smoking one pack of cigarettes per day for one year equals one cup of tar in the smoker's lungs.
- Approximately 1/3 of all cancer deaths in the US are related to the use of tobacco products.
- 53,000 people die each year in the US from tobacco smoke pollution.
- Spit tobacco delivers up to five times the amount of nicotine found in one cigarette.
- Spit tobacco users are fifty times more likely to get oral cancer which can form within five years.